

STUDY

LEARN

GROW

Lightwork Publishing &
The Wolf Foundation Presents

THE STUDY SKILLS PROJECT

HELPING STUDENTS STUDY BETTER TODAY FOR
A BETTER TOMORROW



About Lightwork Publishing



Lightwork Publishing is a publishing company dedicated to helping students grow, overcome, and excel by publishing the resources students need.





The Study Skills Project

The purpose of The Study Skills Project was to develop effective study skills resources for students ages 8 to 11, 12 to 14, and 15 to 17. We aim to help students, especially those experiencing difficulty with the learning process, develop their study skills to excel academically. We also aimed to promote positive and constructive dialogue about difficulties experienced with the learning process among students, parents, caregivers, program instructors, and teachers.





Parent Involvement

Many parents feel unequipped to help their child academically.

This can lead to a growing disconnect between parents, their child, and their child's academic performance.





Support For Parents

- (1) Simple easy to use and understand study skills resources.
- (2) Tools to help parents create and improve dialogue with their child about their child's academic performance.
- (3) Helping parents encourage, equip and empower their child for academic success.





Study Time Questionnaire

Understanding



Name: _____ Date: _____ Age: _____

Study Time Questionnaire

1. Do you have a "Study Time" at home?

- ☐ Yes
☐ No

2. How would you described your "Study Time" at home?

- ☐ Very Good
☐ Good
☐ Okay
☐ Needs Work
☐ Needs a Lot of Work

3. How confident do you feel about st

- ☐ Very Confident
☐ Confident
☐ Okay
☐ A Little Confident
☐ Not Confident



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Name: _____ Date: _____ Age: _____

Study Time Questionnaire

4. When you think about studying for a test, how do you feel?
(You can choose more than one answer)

- ☐ Anxious/Nervous
☐ Confused
☐ Confident
☐ Prepared
☐ Unprepared
☐ Excited
☐ Hopeful

5. When you think about taking notes in class, how do you feel?
(You can choose more than one answer)

- ☐ Anxious/Nervous
☐ Confused
☐ Confident
☐ Prepared
☐ Unprepared
☐ Excited
☐ Hopeful

6. Do you use a study plan or study schedule to prepare for tests?

- ☐ Yes
☐ No



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A2



The 4 Steps of Studying

Guidance



The 4 Steps of Studying

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1. Write it

Take notes.

2. Review it

Review and ask questions
about your notes.

3. Revisit it

Review your notes **again**
to prepare for your tests.

4. Use it

Use what you have learned
to pass your tests.



Write it to

Review it.

Revisit it to

Use it.

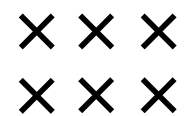


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The 4 Steps of Studying

Guidance



The 3 R's of Studying

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1 Record

Write down and take notes about the information you learn: (1) in class and (2) from reading your textbook at home.

- Listen in Class
- Read At Home
- Always Take Notes

2 Review

Review your notes from class and from your reading time at home. Use different memorization techniques to remember and understand the information from your notes.

3 Revisit

Revisit the information from your notes to prepare for any upcoming tests or class projects. You can also teach the information to someone else or study in a group to better prepare.

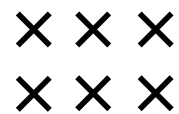


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My Study Plan

Participation



My Study Plan

Name _____ Date _____

This is My Study Plan and there are NO wrong answers!

1. Complete the two sentences below by choosing **I can** or **I will**.

I can I will

1. _____ succeed in anything I put my mind to!

2. _____ succeed in school!

2. **Study Place:** At home, I will study _____ *Example: at the kitchen table*
because that is where I can focus and study the best.

3. **Study Partner:** I will ask _____ to be my study partner
because it is easy for me to talk to them, and ask for help
with my schoolwork.

4. **Study Tools:** Circle **Five Or More** items from the list below you will use to study.

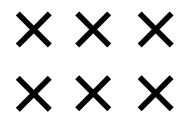
Binder	Class Notes	Dictionary	Textbook
Planner	Flashcards	Laptop	Paper
Pens	Pencils	Calculator	Timer
Highlighters	Notebook		Post-its





My Study Plan Log

Dialogue



My Study Plan Log

Name _____ Date _____

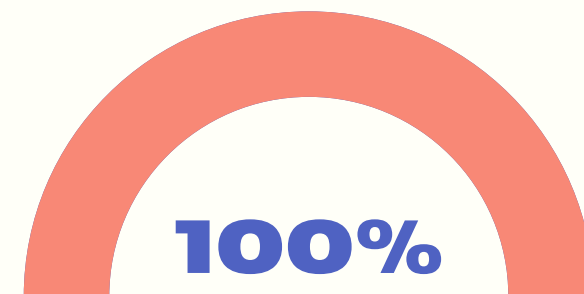
Complete the study log below each week on **Friday**.

Week	Date	Did you take notes in class this week?	Did you study at home this week?	Do you have a test or quiz next week?
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				



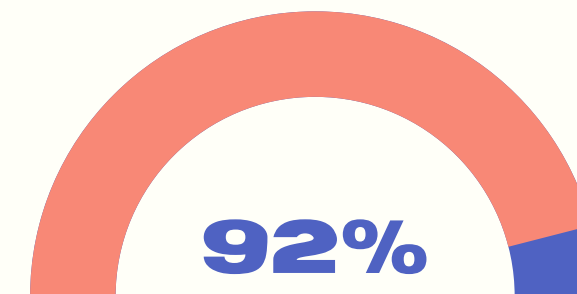
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STUDENT FEEDBACK



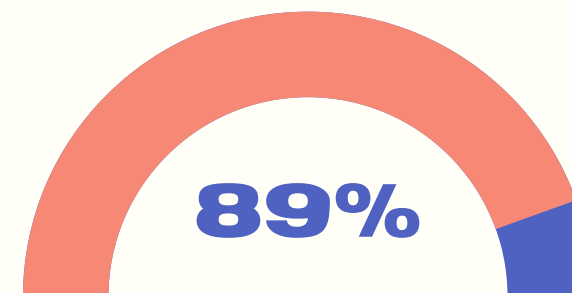
UNDERSTANDABLE

All students reported "yes" to the question:
"Were the study skills handouts easy to understand?"



HELPFUL

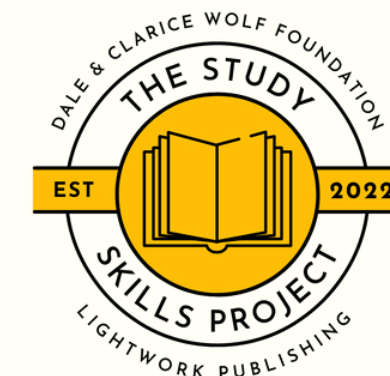
92% of students answered "yes" to the question:
"Were the study skills handouts helpful?"



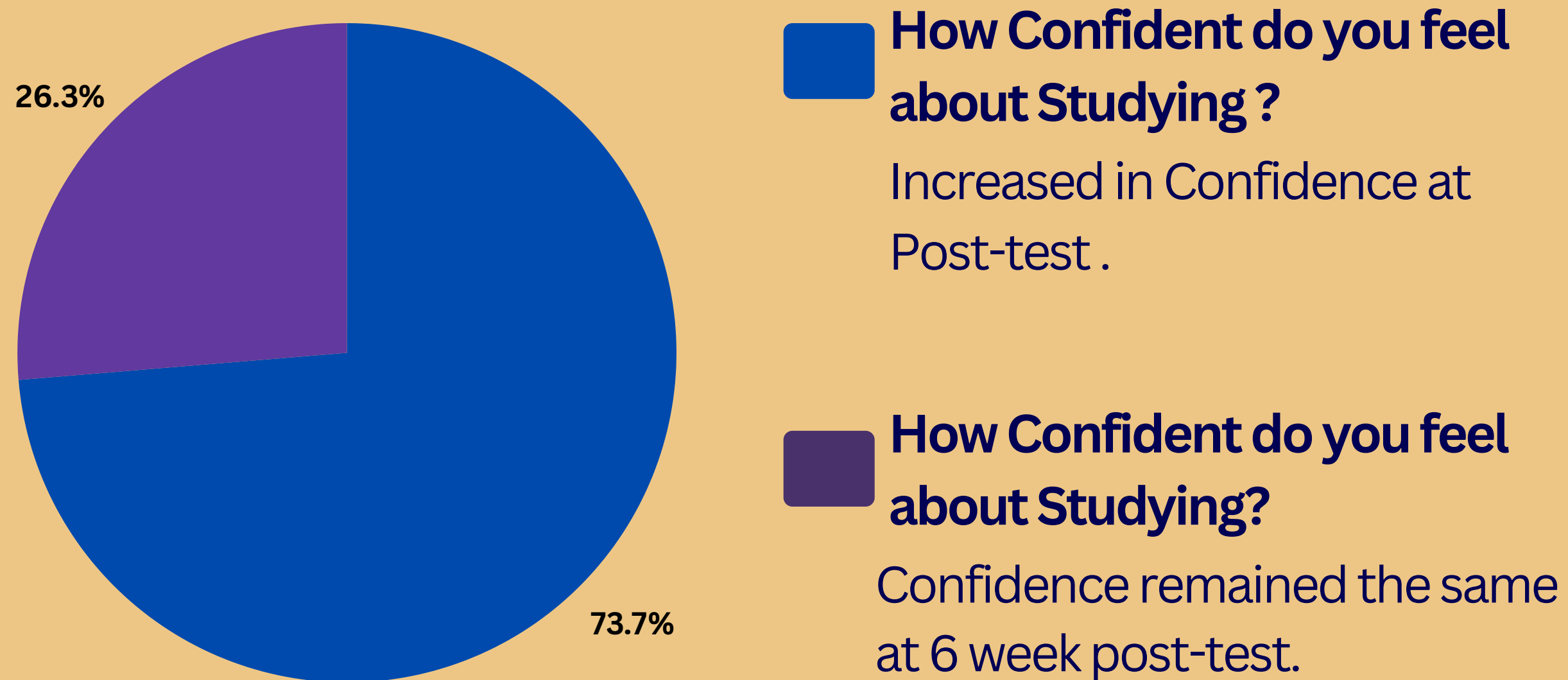
STAGES

89% of students answered "yes" to the question:
"Did the study skills handouts help you to understand
the steps and stages of studying?"

N=39 students (ages 8 to 16)



The Study Skills Project: Confidence



**N= 19 (Students who answered "okay", "a little confident", or "not confident" on pre-test)*

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THANK YOU

QUESTIONS??