

City of Wilmington, Mayor John Carney and
Department of Parks & Recreation, Acting Director Dr. Melody Phillips
In Partnership with **Body By Barry** present:



90-Day Fitness Boot Camp

90 Days of Accountability, Commitment, Consistency, and Discipline toward your fitness health goals!

Starts: June 11, 2025 | Ends: September 10, 2025

Monday, Wednesday & Friday | 6:15 am – 7:00 am

William 'Hicks' Anderson Community Center, 501 N. Madison Street



Coach Barry, Certified Fitness Instructor and previous participants

For more information, contact Coach Barry at (302) 377-8320

